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#screensoffdelta

Celebrate Family Literacy Day in Delta on Tuesday, January 27. Choose one hour during the day to turn off all the screens in your house – phones, tablets, laptops, TV, video and computer games. Participate as a family, a team, a class, a school, a business or as an individual! Play a board game! Tell stories! Take a walk! Read!

Engage with us through social media by sharing your experiences of how you will unplug and connect. Check out weekly challenges and activities. Each time you post, like or share from now until January 27, you will be entered to win one of many great prizes, including an iPad!

Wrapping up **#ScreensOffDelta**, well-known counsellor and educator Dr. Deborah McNamara discusses healthy child development in **Raising Children in a Digital World**.

TUESDAY, JANUARY 27 • 7:00–8:30 PM
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